Indiana State Department of Health
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Mitchell E. Daniels, Jr.
Governor

Judith A. Monroe, M.D.
State Health Commissioner

DATE: November 12, 2009

TO: All Local Health Departments
Attn: Chief Food Inspection Officer

FROM: A. Scott Gilliam, MBA, CP-FS ASG
Manager, Food Protection Program

SUBJECT: IDS Sports Recall

SUGGESTED

ACTION: **Unclassified Recall; Recalled products contain the following undeclared substances, which FDA considers to be steroids: "Madol," "Turinabol," "Superdrol," and/or "Androstenedione."; Information is provided in case of consumer inquiry.**

From the information provided by FDA, the product being recalled was distributed in the State of Indiana. The products were sold and distributed nationwide via the internet.

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Recall -- Firm Press Release

FDA posts press releases and other notices of recalls and market withdrawals from the firms involved as a service to consumers, the media, and other interested parties. FDA does not endorse either the product or the company.

IDS Sports Conducts a Voluntary Nationwide Recall of Bromodrol, Dual Action Grow Tabs, Grow Tabs, Mass Tabs, and Ripped Tabs TR

Contact:
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FOR IMMEDIATE RELEASE - Oviedo, FL – November 12, 2009 -IDS Sports announced today that it is conducting a voluntary nationwide recall of five of the

company's dietary supplement products sold under the following names: Bromodrol, Dual Action Grow Tabs, Grow Tabs, Mass Tabs, and Ripped Tabs TR.

The Food And Drug Administration (FDA) has notified IDS Sports that the recalled products contain the following undeclared substances, which FDA considers to be steroids: "Madol," "Turinabol," "Superdrol," and/or "Androstenedione."

Acute liver injury is known to be a possible harmful effect of using steroid-containing products. In addition, steroids may cause other serious long-term adverse health consequences in men, women, and children. These include shrinkage of the testes and male infertility, masculinization of women, breast enlargement in males, short stature in children, a higher predilection to misuse other drugs and alcohol, adverse effects on blood lipid levels, and increased risk of heart attack, stroke, and death.

The recalled products listed below were distributed in either black boxes containing blister packs of 60 capsules or white bottles with black labels containing 30 or 60 capsules.

Brand Name	Size	UPC	Lots
Bromodrol	1 box	6 75941 00250 7	All lots
Dual Action Grow Tabs	1 box	6 75941 00252 1	All lots
Grow Tabs	1 bottle 60 capsules	6 75941 00252 1	All lots
Mass Tabs	1 bottle 30 capsules	6 75941 00149 4	Purchase during/after 4/09
Mass Tabs	1 bottle 60 capsules	6 75941 00149 4	Purchase during/after 8/09
Ripped Tabs TR	1 box	6 75941 00162 3	Purchase during/after 12/08
Ripped Tabs TR	1 bottle 60 capsules	6 75941 00162 3	Purchase during/after 12/08

Although no illnesses or adverse events have been reported to the company to date in connection with the products listed above, customers who have these products in their possession should stop using them immediately and contact their physician if they have experienced any problems that may be related to using one or more of the products. Any adverse events that may be related to the use of these products should be reported to the FDA's MedWatch Adverse Event Reporting program online [at www.fda.gov/MedWatch/report.htm] or by returning the postage-paid FDA form 3500 [which may be downloaded from www.fda.gov/MedWatch/getforms.htm] by mail [to MedWatch, 5600 Fishers Lane, Rockville, MD 20852-9787] or fax [1-800-FDA-0178].

The FDA has been apprised of this recall and IDS Sports is cooperating with the FDA in this recall process.

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Photo: Product Labels